

Newsletter – January 2016

**Happy New Year to all
Here's to a successful and exciting 2016**

Starting with the CAPA

COLLOQUIUM

A Clinically Focused Pharmacotherapy Symposium

Brentwood Hotel, 16 Kemp St, Kilbirnie, Wellington

February 2016

Saturday 27th

Sunday 28th

9AM - 5PM



This year we have a great programme organised for you.

Saturday Morning: We will be covering **Palliative Care** with Dr Brian Ensor

Saturday Afternoon: We will be led through **drug interactions of note, adverse effects and risk mitigation**, with Dr Linda Bryant, Pauline McQuoid and Leanne TeKaru.

Sunday Morning: We will cover **Parkinsons Disease and Epilepsy** with Dr Harry McNaughton

Sunday Afternoon: We will cover **an in depth on Laboratory Tests** with Dr Mike Crook

Fee: \$380.00 CAPA Members; \$490.00 Non Members

Register on the CAPA Website ; www.CAPANZ.org

CAPA will hold the AGM following the Saturday afternoon session and we would love to see you all there.

Activities

Pharmacy Action Plan

It was great to see the Pharmacy Action Plan and the five focus areas. Many thanks to the CAPAs that feedback their thoughts on this action plan, both to me to include in our CAPA submission and individually to the MoH.

It is a very interesting plan and hopefully will signal a transformational change in direction for Pharmacy. The impending change in ownership legislation will likely have a major impact on the Pharmacy profession with more corporatization and a greater focus on profits and an indeterminate focus on pharmacist's roles and remuneration. We need to continue to advocate for our professional roles and independence.

CAPA was also represented at the Stake Holders Meeting in Wellington.

Prescribing pharmacists

With one of the focus areas of the Pharmacy Action Plan being Prescribing Pharmacists, CAPA organized a meeting of the prescribing pharmacists, which was very helpful for identifying roles and future directions, continuing professional development needs and the barriers to extending our roles.

Having David Simpson (CEO, Pharmacy Council), Richard Townley (CEO, PSNZ Inc) and Pam Duncan (Pharmacy Council) attend was very helpful increasing the understanding of the prescribing pharmacist roles. The importance of relationships between the prescribing pharmacist and the general practice was highlighted, and this is a flow on from having clinical advisory pharmacists in general practices to develop these relationships and create an environment in which the general practitioner is exposed to the depth of understanding of pharmacotherapy of these pharmacists, and so becomes more comfortable agreeing to become the designated medical prescriber during the training.

The full report from this session is available on the website www.CAPANZ.org.

In brief the major difficulty was funding of the prescribing pharmacist positions, similar to the difficulty finding the clinical advisory pharmacists in PHOs / general practice **but** anecdotally there were many positive outcomes, John Dunlop had written up an audit and review of his work, and Kerry Muller has undertaken an extensive study as part of her Master of Pharmacy in Prescribing. We look forward to the results of this.

Health Strategy

As the workshops for the Health Strategy continued, CAPA representation continued to attend these. The Health Strategy is very different to the previous model, though not surprising. Very clearly the changes that will occur with the new technology are being embraced to allow patients to better manage their own health.

The guiding principles are:

1. The best **health and wellbeing** possible for all New Zealanders **throughout their lives**
2. An **improvement in health status** of those currently disadvantaged
3. Collaborative **health promotion** and disease and **injury prevention** by all sectors
4. Acknowledging the **special relationship** between Māori and the Crown under the **Treaty of Waitangi**
5. **Timely and equitable access** for all New Zealanders to a comprehensive range of health and disability services, regardless of ability to pay
6. A **high-performing system** in which people have **confidence**
7. Active **partnership** with **people and communities** at all levels
8. Thinking beyond narrow definitions of health and **collaborating with others** to achieve wellbeing

The strategic themes are:

- People powered
- Closer to home
- Value and high performance
- One team
- Smart systems



Priorities include prevention and wellbeing, more integrated services, support for innovation, better collaboration, new ways of working to reach our most vulnerable, giving every child a healthy start, and ensuring information and services are more accessible

Pop into the website:

(<http://www.health.govt.nz/about-ministry/what-we-do/new-zealand-health-strategy-update>)

for more details about the strategy

Along with the Health Strategy, there has been a restructuring of the Ministry of Health so that the Ministry will move forward to meet the challenges of future health care.

Answerable to the Director-general of Health and Chief Executive, there will be a Chief Medical Officer, a Chief Nursing Officer and Maori Leadership to provide clinical leadership and to help reduce inequities. There are then nine Chief Officers or Directors of Services, removing previous silos.

Find the detail by clicking on the pdf of the structure on the website:

<http://www.health.govt.nz/news-media/news-items/ministry-health-executive-leadership-structure-announced>

COLLOQUIUM

When registering for the Colloquium be sure to add **+64** to your phone number as the website needs this!!!

We have also held accommodation at the Brentwood for Colloquium attendees so please tell Reception when booking, that you are registered for the Colloquium. Accommodation is tight in Wellington with so much going on, so it may pay to e quick!

Website

Check into our CAPA website www.CAPANZ.org.

Please send any bulletins, medicine information enquiries, audits and other submissions you may wish to share on John Dunlop (john@cpsi.biz) so we can load these on the website and share resources. We are adding new Bulletins at the moment for your use. Check them out in the Members section.

**Thinking of completing your Master of Clinical Pharmacy and just need a research project?
Contact us for some ideas!! (linda@cpsi.biz)**